



## Carolyn Raab

January 29, 1948 - December 6, 2012

Carolyn Raab was born to Howard and Vivian Raab in Berkeley, Calif. She attended Berkeley schools and then followed in her mother's home economics footsteps by majoring in nutrition at University of California, Berkeley. She then attended graduate school at UC Davis (Master of Science degree, Food Science and Technology) and later at Virginia Polytechnic Institute and State University (Doctorate, Human Nutrition and Foods). Carolyn worked for the Society for Nutrition Education before beginning her career as an Extension food and nutrition specialist for the Wyoming Agricultural Extension Service. In 1975, she joined the Oregon State University Extension Service in the same role. She especially enjoyed her print and broadcast media experiences. She continued her work part time after retirement in 2006, supporting statewide consumer education in food safety, food preservation and nutrition. She received an OSU Extended Education Award in 2005.

Carolyn became a registered dietitian. She received an Award of Merit from the Oregon Dietetic Association in 2007.

Carolyn was passionate about creative writing. An avid romance novel reader, she was a "wannabe" romance writer.

Music was the "glue" that held her life together. She was a pianist, and sang in the choirs of both First United Methodist Church and First Congregational United Church of Christ. She enjoyed folk music (especially Peter, Paul and Mary) and chamber music. The music of John Denver lifted her spirits during

some challenging times.

“Today, while the blossoms still cling to the vine, I’ll taste your strawberries, I’ll drink your sweet wine. A million tomorrows shall all pass away Ere I forget all the joy that is mine today.” — The New Christy Minstrels

She is survived by her sister, Barbara Hall of Pleasant Hill, Calif.; brother-in-law, John; niece, Kerstin (Nathan), and grandniece, Ingrid, of Berkeley; and nephew, Colin of Pleasant Hill, Calif.

A concert in memory of Carolyn will take place in early 2013 at a local church. Memorial donations can be made to organizations that support the arts.